



MDT Certification Continuing Education Standards (CCES)

The **objective** of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy™ MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the practitioner is committed to the maintenance and enhancement of knowledge and skills in MDT over time.

The **purpose** of this requirement is to ensure that individuals maintain clinical competency in the McKenzie Method® of Mechanical Diagnosis and Therapy® (MDT) after attaining Diploma or Certified status. Each certified clinician can find their CCES expiration date under My Profile after logging on to the MICanada website.

The **requirements of the** MDT Certification Continuing Education Standards (CCES) are established to continue full recognition in the Institute's Referral Directory active status for patient referrals. ***Registration in the MII Diploma program waives the compliancy requirements for one 3-year period.

MDT CERTIFICATION CONTINUING EDUCATION STANDARDS POLICY:

Compliant Policy 1: Certified for a period of less than 7 years:

To remain CCES compliant Credentialed clinicians must complete two of the following courses within six-years from their date of certification**. The first course must be completed within the first 3 years of certification.

1. *Attend a 2-day MDT Advanced Human Extremities course*
2. *Attend a 2-day MDT Masterclass*
3. *Take and complete a volume of the online Case Manager Course*
4. *Attend a 2-day MDT Clinical Skills Symposium (CSU) or 3-day McKenzie Institute International MDT conference*
5. *Attend a 3-day Americas Region Conference or Diplomate Retreat (Dip. MDT only)*
6. *Audit (retake) any course: Part A, B, C or D*
7. *Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course (only applicable if the clinician has completed options 1-3 previously)*

Compliant Policy 2: Certified for a period of 7 years or more: ** To remain CCES compliant Credentialed Clinician, certified for a period of 7 years or more, having completed at least 2 of the above noted criteria within the six-year period from the date of certification, can maintain their CCES compliancy by completing any of the following tasks once every three years.

1. *Attend the 2-day online MDT Advanced Human Extremities course (required if never taken before)*
2. *Attend any Masterclass*
3. *Attend any in-person or online course, MII, MICanada or Americas Region Conference/Symposium*
4. **Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course*
5. **Attend three 2-hour in-person or online workshops*
6. *Dip. MDT: Assist for a minimum of 2 days on an in-person Part A, B, C or D course. This option must first be pre-arranged and approved with the MICanada Branch Office at mckenziecanadamdt@gmail.com*
7. *Present MDT research at a regional or international physiotherapy-based (or related) conference. To be eligible for compliancy credit, the Dip. Or Cert. clinician must be CCES compliant, and the presentation must be submitted at least 2 months in advance of the presentation to the Branch Office, for approval by the MI Regional Educational Committee representative or IDOE.*
8. *Participate in MDT Research or research reviews. The clinician must currently be CCES compliant and must supply proof of their contributions. Final approval will be at the discretion of Richard Rosedale, Head of Research for MII.*

***Option 4 & 5 only apply if the clinician has completed the Advanced Extremities (option 1) course previously**



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IMPORTANT COMPLIANCY ALLOWANCE: If your continuing education compliancy date expired within the last 3 years, we will provide a one-time extension to 05DEC,25 so you have time to complete one of the following educational offerings noted on Page 1 under Compliant Policy 1 or 2, by the end of 2025. If you do not meet the policy criteria on Page 1 or fall with the compliancy allowance noted in this paragraph, then please refer to the non-compliant policies outlined below.

NON-COMPLIANT POLICY 1 - Certified for a period of more than 3 years, non-compliant for 3 plus years to 9 years: For clinicians that want to become CCES compliant and get back on the McKenzie Provider List, that don't meet the criteria outlined on Page 1 in sections A or B or fall within the compliancy allowance noted above, the following applies:

Completion of 2 (two)** of the Continuing Education offerings listed below is required.

1. Attend a 2-day MDT Advanced Human Extremities course (*required as one option if never taken before*)
2. Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course
3. Take and complete a volume of the online Case Manager Course
4. Attend three 2-hour in-person or online workshops
5. Attend a 2-day MDT Masterclass
6. Attend any 2-day or more in-person or online course, MII, MICanada or Americas Region Conference/Symposium
7. ****Audit (retake) a Part A, B, C,D or AE course **Multiple audits may be taken in lieu of selecting one of the other educational activities above.**
8. Take, complete and pass with at least a minimum 80% pass mark, both Parts C and D MDT Comprehension Self-tests (*maximum 2 attempts within any 3 consecutive month period*)
9. ***Retake and pass the Credentialing Exam (see below - counts as completion of 2)**

**In lieu of completing the above Continuing Education opportunities 1 through 9, you may choose to re-take the Credentialing Exam. Successful completion is needed to re-activate your listing on the McKenzie provider list. **In addition, non-compliant clinicians registering for a course may be required to watch the "It starts with the Form – Part I and II" clinical mentoring webinars and complete the Part A online component.*

NON-COMPLIANT POLICY 2 - Certified for a period of more than 3 years, non-compliant for 10 plus years:

For clinicians that want to become CCES compliant and get back on the McKenzie Provider List, but who don't meet the criteria outlined on Page 1 in sections A or B, the following applies: **Re-certification or completion of 3**** of the Continuing Education opportunities listed below is required to renew your status on the referral list:

1. Attend a 2-day MDT Advanced Human Extremities course (*required as one option if never taken before*)
2. Take or Audit one 2 to 4 day online or in-person advanced course (includes masterclasses)
3. Attend a 2- or 3-day MII, MICanada or Americas Region conference or symposium
4. Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course
5. Take and complete a volume of the online Case Manager Course
6. Attend three 2-hour in-person or online workshops
7. Take, complete and pass with at least a minimum 80% pass mark, Parts C and D MDT Comprehension Self-tests (*maximum 2 attempts within any 3 consecutive month period*) - or -
8. ***Retake and pass the Credentialing Exam (see below - counts as completion of 3)**

**In lieu of completing the above Continuing Education opportunities 1 through 7, you may choose to re-take and pass the Credentialing Exam. **In addition, non-compliant clinicians registering for a course may be required to watch the "It starts with the Form – Part I and II" clinical mentoring webinars and complete the Part A online component.*

ADDITIONAL INFORMATION RELATED TO EDUCATIONAL OPPORTUNITIES

➤ **MDT Advanced Human Extremities**



This advanced 2-day course draws upon the principles McKenzie has refined over decades to provide clinicians with this sensible approach for musculoskeletal conditions of the extremities. The same logical assessment process is used to determine mechanical causes of extremity pain or symptoms that can respond to an effective self-treatment regime. Eligibility Level D or higher.

➤ **MDT Masterclass:**

Using a combination of role playing and case studies, these advanced 2-day courses have been designed to allow Level D or higher attendees (eligibility varies depending on the course offered), the opportunity to refine their technique skills and enhance their clinical reasoning capabilities. These courses will include an open forum period that will encourage attendees to discuss real case issues and possible solutions. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Unlike other course, there may not be any patient demonstrations during this course.

➤ **The online Case Manager Course**

The McKenzie Case Manager courses were created to provide web-based instruction designed for the advanced McKenzie MDT clinician. These courses present complex clinical practice scenarios through a collection of cases that will add to your patient experience base and help you focus on the power of utilizing the information gathered on The McKenzie Institute Assessment forms to lead to patient classification and management strategies. Each Case Manager course (volume) currently consists of eight (8) individual cases. Through the analysis of all case studies, registrants will improve their clinical decision making as related to the application of Mechanical Diagnosis and Therapy to patients presenting with cervical, lumbar and extremity problems.

➤ **The one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course**

This fully online one-day course is designed to update MDT Certified clinicians on current research, classification system changes and other recent changes made to MDT education. A series of educational components including a patient demo or two and case studies will be used to further develop the attending clinician's problem-solving capabilities and clinical decision making. This course will also include a review of MDT techniques regularly performed incorrectly. While the format of the course will remain the same annually, the content will change. This course provides a great opportunity for clinicians to stay updated and refine their skills annually.

➤ **MDT Clinical Skills Symposium**

This advanced 2-day course is designed as a more intensive clinical reasoning and problem-solving experience utilizing a high volume of patient demonstrations and case study analysis involving all regions of the spine as well as the extremities. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Multiple instructors provide a significantly greater opportunity for one-on-one tutelage.

Audit (retake) courses: In recent years the course manuals have all been revised to include the latest MDT related material.

➤ **McKenzie Institute International MDT Conferences or Americas Region Conferences:**

Attend the entire conference or retreat. Please refer to our website for more details.



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- **Present MDT research** at a regional or international physiotherapy-based (or related) conference.
Clinician must be CCES compliant and must provide the branch with 2 months advance notice of the event details in writing, along with a prepared lecture outline.
- **Participate in MDT research studies or reviews.**
Periodically, the institute asks members to participate in research studies, review articles and/or papers, relating to MDT research. If you would like to participate in these studies or reviews, please contact the branch office. Only clinicians that are CCES compliant are eligible to participate.

IMPORTANT: It is the responsibility of all certified MDT practitioners to review their scope of practice and other applicable provincial laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.